

Groupe de jeux "Les p'tits bouts de choux"

Parents et enfants de 0 à 6 ans

Mercredis matins

9h30 à 11h30

Endroit: 1066 Hudson Drive

Raconte-moi une histoire...

Parents et enfants de 2 à 4 ans

Vendredis matins

10h à 10h30

Coût: Gratuit

Endroit: Centre communautaire Batoche, salle 2 & 3

Le jeudi des petits

Parents et enfants de 0 à 4 ans

Coût : Gratuit

Jeudi matins

9:30 à midi

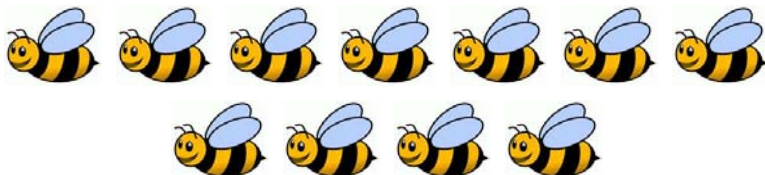
Literacy Fair by Usborne Books

Foire de livres Usborne Books

11 et 12 février

9h à 18h

Gymnase du Centre communautaire Batoche



Ontario Early Years Volunteers

In 2007, Volunteers gave over 2000 hours to our programs and services – a donation of time valued at about \$30,000, and greater than 1 full time paid position!!

If you or someone you know would like to join our dynamic Volunteer Team,

Tips for Avoiding Tantrums

Source: 1234 Parents workshop

1. Make sure your child gets plenty of sleep. If she is tired, she will have tantrums more often.
2. Make sure your child eats healthy food. Often children have tantrums when they are thirsty or hungry. So pack a healthy snack and juice when you go out together.
3. Let your child do things with you. If you go to the store, let him help you. He can put food in the cart. Talk to him, ask him questions, or give him something to do while you shop.
4. Find things your child can do in the house.
5. When your child goes out with you, bring along something fun. Bring a colouring book, some crayons, small toys or sing songs together while you are waiting.
6. Use the ACT rule to help her find other good things to do.
 - A - Accept your child's wishes or feelings.
"Son, I know you feel angry."
 - C - Communicate the rule.
"In our family, we do not hit people."
 - T - Target a positive choice.
"How about hitting this pillow to show how mad you are?"
7. Tell him to take some deep breaths. This will help him calm down. When you are angry, take some deep breaths to calm down, too.



DAC Update

This is just a quick note from the Data Analysis Coordinator to say "Thank you to all who participated in the November Playgroup Survey and congratulations to all the winners of our survey draw". We have had 76 responses to the survey, and I am currently working on compiling results. We take all of your feedback very seriously and appreciate all of your comments. Stay tuned for the results of the survey in our next newsletter. Hope you have a safe and happy holiday season with family and friends.

Your DAC, Laurie Dixon

Celebrate Family Day

Canada's New Statutory Holiday
Monday, February 18th 2008.

This is an opportunity to start some new traditions with your family. Children love traditions and routines and if you think back to your childhood some may stand out in your mind.

Try some of the following ideas:

Play board games

Go on a ski trip, downhill or cross country
Tobogganing

Have a movie day and include home movies
Reading

Take a day trip somewhere new or a favourite place
Skating
Swimming
Crafts

Baking - make a cake, fresh bread or a soup



Hiking in the woods

Bird watching

Feed the chickadees

Make an indoor tent

Get some large boxes and create a fort or playhouse

Look at family photos and take new ones

Spend the day with extended family or friends

Have a family dinner

Build snowforts, snowmen, and
snow cartoon characters

Drink hot chocolate

Stay in your pajamas all day

Sing your favourite songs

Do puzzles



Sing a-Long

Dressing for Winter Weather

Let's put on our mittens (*put on mittens*)

And button up our coat (*button coat*)

Wrap a scarf snugly (*throw scarf around neck*)

Around our throat (*tug one end of scarf down*)

Pull on our boots (*pull on boots with both hands*)

Fasten the straps, (*fasten straps with fingers*)

And tie on tightly, Our warm winter caps.

(*pull on cap with both hands and tie*)

Then open the door (*open imaginary door and step through*)

And out we go into the soft and feathery snow.

(*hold out hands to catch snow and look up*)

I am a Snowman

Now I am a snowman (*stand with arms out*)

Standing on the lawn.

I melt and melt and melt

And pretty soon I'm gone. (*body slumps and voice fades*)

Come Sing a Song of Winter

(Tune: The More We Get Together)

Come sing a song of winter,

Of winter, of winter,

Come sing a song of winter,

The cold days are here.

With snowing and blowing, (*flutter fingers down, wave arms about*)

And rosy cheeks glowing, (*point to cheeks*)

Come sing a song of winter,

The cold days are here.

This is a Baby Ready for a Nap

This is a baby ready for a nap. (*hold up one finger*)

Lay her down in her mother's lap. (*place in palm of other hand*)

Cover her up so she won't peep. (*wrap fingers around it*)

Rock her till she's fast asleep. (*rock finger back and forth*)

Source: I'm a Little Teapot! Compiled by Jane Cobb